

## **St Francis Admonition Day 23.**

### **Of the Good and Humble Religious.**

Blessed is the servant who does not regard themselves as better when they are esteemed and extolled by others, than when they are reputed as mean, simple, and despicable. What a human is, in the sight of God, so much they are, and no more.

Woe to that religious who is elevated in dignity by others, and who of their own will is not ready to descend.

Blessed is that servant who is raised in dignity, not by their own will, and who always desires to be beneath the feet of others.